

MEDITATIONS FOR EARTH

**Every morning at 7 a.m. and every night at 9 p.m.,
we will for at least 10 minutes send love to Earth
and also to war men in order that they stop fighting.**

1097. The warning against putting Temelin nuclear power plant in Czech Republic into operation. (Received by Jana Z.)

**July 7, 2000. 12:00-12:36 p.m.
Place: Prague.**

Technique of the automatic writing in language of planet HOOVA; below is the message in English language.

“Precious being of Light, child of Stars, I would like to ask you, dear Janicka as well as all brothers and sisters, for a joint meditation dedicated to the **protest against putting Temelin nuclear power plant into operation**. It is very important !”

*Ivo! I do the **Creator's** will, Ivo, and I'm handing you this message of the Cosmic friends for publication and for actualization of joint meditations. Thanks, let Light guide you, Jana.*

„Earth men,

I, **ASHTAR SHERAN**, commander of the Grand Cosmic Squadron of **Share** space station, am talking to you.

The negative vibrations of the dark Forces CONTROL YOUR SOCIETY, MEDIA AND GOVERNMENTS. THEIR OPERATION RESULTED IN THE DECISION TO PUT TEMELIN NUCLEAR POWER PLANT INTO OPERATION. PROTEST ACTIONS OF “CHILDREN OF EARTH” ARE DISREGARDED AND ALL GROUPS (DIRECTED FROM SPACE BY US, BEINGS OF THE FORCES OF LIGHT, WHO LOVE YOU AND ARE HELPING YOU) PROTESTING FOR THE SAKE OF PRESERVING CLEAN NATURE ARE UNDER UNJUST OPPRESSION. IT IS NECESSARY TO HELP THEM !

I APPEAL ON ALL WORKERS OF THE LIGHT FORCES: PULL TOGETHER SO THAT INDIVIDUAL GROUPS OF OUR BROTHERS AND SISTERS MEET TOGETHER AT JOINT ACTIONS TO PREVENT FROM PUTTING TEMELIN NUCLEAR POWER PLANT INTO OPERATION SO THAT IT WILL NEVER THREATEN OUR EARTH AND HER INHABITANTS. THESE MEDITATION MEETINGS (IN CIRCLE WITH JOINED HANDS) WILL COMMENCE ON JULY 15, 2000 AT 12:00 A.M. IN “SARKY” VALLEY WHICH THE CREATOR GAVE TO BEINGS OF LIGHT IN PRAGUE AND WILL CONTINUE ALL OVER YOUR BEAUTIFUL BOHEMIA COUNTRY

EVERY WEEK IN SATURDAY AT 12 A.M.

UNTIL WE, YOUR COSMIC FRIENDS, CALL IT OFF ! LET'S PREVENT FROM DISASTER BY OUR JOINT EFFORT ! DEAR CREATOR, PROTECT YOUR LIVES AND

LET HIS/HER LIGHT AND LOVE GUIDE YOU ! WE LOVE YOU, BROTHERS AND SISTERS !

ASHTAR SHERAN AND COSMIC ONES.

PRAYING OUR CREATOR AND SPACE FRIENDS FOR A TELEVISION CONTACT

IN ORDER TO ENABLE OUR COSMIC FRIENDS – ASHTAR SHERAN AND OTHER COSMIC PEOPLE FULL OF LOVE – TO APPEAR IN OUR TV, IT IS NECESSARY THAT A LOT OF PEOPLE MEDITATE FOR THIS AT THE SAME TIME. THEREFORE, WE WILL MEDITATE AND ASK WITH LOVE AND HUMILITY OUR LOVED CREATOR AND OUR DEAR COSMIC PEOPLE TO APPEAR ON PROGRAMS OF ALL TELEVISIONS IN OUR COUNTRY.

IN ADDITION, WE WILL SEND LOVE TO PLANET EARTH AND TO WAR MEN AT THE SAME TIME.

WE WILL SEND OUT THIS PRAYER AND MEDITATION EVERY SUNDAY AT 10:00 P.M. FOR AT LEAST 10 MINUTES.

576. War in Kosovo (173). (Received by Ivo A. Benda). April 7, 1999. 4:05–4:30 p.m.
Place: Zlin.

“Dear Ivo,

I, **Ashtar**, commander of the Grand Cosmic Squadron, am sincerely greeting you.

Yes, you are worried about that part of Yugoslavia, I understand you, we here on our ships know that it is normal here on planet Earth to kill people and cast them out of their homes. Observing the thousands of years long rule of Darkness on your planet, we have learned good information about how Darkness maintains its power – by disseminating fear. The war in Yugoslavia is a **“movie of fear”** which is **forcefully by means of televisions and newspapers imposed** on hundreds of millions of people on planet Earth **so that they, too, will produce fear and anxiety = the coarse vibrations**. Yes, people still haven’t learned about how evil operates and so they continue supporting it and feeding it by **their own fear – emotions; this, indeed, is the food of saurians**, who have been controlling you here for thousands of years just because you have been permitting them to. This is the Truth about this matter and the whole Universe knows this.

I love you dear Ivo for your striving to disseminate love around you and to further disseminate the Light on planet Earth. Yes, many people are beginning to see through the manipulation with fear and the coarse vibrations and are realizing more and more the ways evil operates and the ways to face evil. You are pleased that **many people are already informed and hence are calm and composed and do not let themselves get affected by these coarse-vibratory channels of evil, violence and fear**.

Every human has a free will and voluntarily accepts or **rejects the coarse-vibratory operation of your media**. It’s **one’s free choice, every one chooses his/her future in this**

life as well as in following lives. This is assured by the Cosmic Laws – **same attracts same and the law of karma.** Yes, we won't need to return to this topic later on, you are constantly spreading love, joy and light, I see you shining beautifully. You don't let yourself get influenced by the negative energies in your work for our beloved **Creator.**

This was communicated to you by **Ashtar**, the commander of the Grand Cosmic Squadron.”

*Thank you dear **Ashtar** for this edificatory message you've given to people of planet Earth. With love, Ivo.*

“And now I, **Ptaah**, commander of the Cosmic Squadron from Pleiades, am joining. Yes, I love you dear Ivo for being so firm, loving and for not letting yourself get flooded with the coarse vibrations, because you know this is the operation of Darkness. **Many beings of the Forces of light now fight with love against the Forces of darkness and try to quench this war conflict in Yugoslavia. These are beings both on Earth and in the Universe. People on Earth carry out lots of meditations and thus try sending love to war men who disseminate evil and violence.** This was so in past, and is so also now. You know that there has been a fight between the Forces of darkness and the Forces of light for 300,000 years, and that the Forces of darkness do not want to give up this area. Therefore, they seek to provoke these **spastic wars** in order **to control humankind by means of fear and violence. This has always been the case.** Now you can see the effects and results of this in not great distance from you. You know we are constantly striving to send love to planet Earth, who needs it so much, and many people on Earth are striving this too. I am glad that the number of such people is increasing and that they have a great desire to change this system of evil into the system of Love.

This was passed on to you with love by **Ptaah**, commander of the Cosmic Squadron from Pleiades.”

*Thank you dear **Ptaah**, I will gladly pass this message on to people of planet Earth so that they can learn and replace thoughts of evil by thoughts of love. With love, Ivo.*

587. Message.

(Received by Julie T.)

March 12, 1999. 2:30-2:44 p.m.

Place: On the road from Brno to Prostejov.

(A private message precedes).

„My good people, here I am talking to you – your Father, Creator or Love – you can call me as you wish. Everyone needs love and everyone of you is able to give love in an infinite quantity. So go and give love to people, animals, your planet Earth, she is very needing it now, BE LOVING.

This little prayer is for you, it will help you anytime you will feel low-spirited or fearful. Let it guide you through all your life.

*I think of love, I feel love,
I hear love, I see love, I breathe love,
I walk love, I dream love, I give love...
I am Love!*

The more love you give, the more of it you'll get; your life will become Love. This is so and it will be so.

I love you
your Father – Creator.

582. Chatting with friends. (Received by Jiri L.) **March 31, 1999. 11:30-00:10 p.m.**
Place: Stribrna.

“Today you realized your past. Epsilon Eridana is a stellar system you incarnated from. So this is the reason you’ve felt your vibrations raising each time you recalled words Epsilon Eridana. So we are glad we have contacted with you. Yes, when the trees are singing, these sounds are hearable also for you. You’ve talked with master **Jakuma**.”

“Yes, I am with you and I – **Ashtar** – am greeting you. You can see that when having a heavy work where you create, you are not so exhausted. It is nice that you strive to send love to all people, but don’t forget to form a protection. You are to learn a lot in order to be able to fulfill your dream (*receiver’s note: since my childhood, I have wanted to pilot a space ship, but I felt there must’ve been an easy way to achieve this instead of pouring lots of useless information about our technology into my head*), so don’t slack off and maintain your vibrations. You know yourself how easy it is to degrade one’s vibrations. You have already read answers related to the evacuation. It depends on quality of vibrations of each human. Take Ivo Benda as an example – he is working for spreading of information and is helpful to people. You know how many people have read “Talks with teachings”.

“Yes, Jirko, I am here with you (**Semjase**), and I caught your request that I talk with Verka in dream. But she still has some negative vibrations and doesn’t remember her dreams.”

(She smokes and eats meat.)

“It’s a pity, I know you look forward to talking with her about “Talks” and striving to explain her the things she won’t understand. Only those who want to change themselves will be evacuated. This is communicated to you by **Ashtar Sheran**, commander of the Grand Cosmic Squadron of 10 million space ships in fourth sector of the Universe.”

“Hi Jirko, I – **Pleja** – am talking to you now.

Yes, I am a commander, but as you said yourself, the commander cares for ones who are under him in the first place, and then she cares for herself. You see that, and my father will pardon me nothing. Yes, but wait until the time comes (*inquiry about a possibility of contact*).

I know you long for contact, for closer getting to know each other, but these personal meetings are also a reward for work for the **Creator**. Now it is all clear to you with regard to the meeting. You will be evacuated (*I’m constantly thinking of an intensive help to others in the process of evacuation and boarding the ship among the last ones*). You want to help during evacuation and we know you have a great pleasure of helping others. But do not forget to also take care of yourself, this is no excessive self-love. I will now communicate you a message, dear Jirko, and please pass this message on to Ivo Benda:”

“Message for people of planet SHAN.

If you destroy your planet Earth, it is your choice; however, if you want to interfere with surrounding Universe, we will stop you. It is all about your decision – what you

choose you will also gather. Many of you have read the flyer and thought a while about its content; however, you have put it aside at once and you continue living in the old way. **But you have an unparalleled opportunity to increase the vibrations in your current body to the extent that you will be able to enter other dimension.** There are people in the Universe who are waiting for the moment you join them. It becomes much clearer when you realize that the entire Universe was not created by itself and from itself and that it serves some purpose. **You, people on planet Shan, have destroyed your planet to such an extent that your mother Earth refuses carrying you anymore and wants to cleanse herself from you.** That she is still carrying you is only thanks to love and meditations of some people and also thanks to great love that we, Cosmic people, are sending her. **In the event of evacuation, any attempt from your side to stop the evacuation will be useless.** We are able to eliminate your nuclear potential at once. Anytime you look in to the Universe, you can only see a fiddling fraction of what is really happening out there. It is the Universe replete with life, love and harmony, and we have a right to prevent you from having access to it in case you would try to interfere with it or disrupt it in any manner or way.

This message was communicated to you by **Ashtar Sheran**, commander of the Grand Cosmic Squadron.”

593. Meditation to help our Earth.

(Received by Julie T.)

**April 13, 1999.
Place: Prague.**

How long will it take for Earth to move to a higher dimension?

„This depends only on you, people. You can form this reality already now: imagine Earth with beautiful nature and loving inhabitants, think of it and visualize it, and be thankful to our Father – Creator for this actuality. Helping are also your regular meditations, the more of them you will do, the greater energy will be created. But wars on your planet do not help much in her renewal, do something with it. Think differently and show it in public, be an example to others. Show them they need not have fear of war, because this won't help (rather worsen) the situation, but through their radiation of love, they can change everything in one moment.”

My dear people, please find a little while

every Tuesday and Thursday at 9 p.m.

for a mediation for our planet Earth. Send love to her and to all beings living on her, particularly to Kosovo where it is now very needed. Eliminate fears from your hearts and become shining examples for your surroundings. The more of us will regularly meditate in this way, the greater effect will it have. And should you, for example, hurry somewhere right at that time, a mere thought is also sufficient. A thought is creative...

With love your Julie

***More than 7000 pages in Czech and 18000 pages in other languages
and 3000 pictures about Cosmic people can be found on the website:***

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